

# Sink or Swim?

## 10 tips to help you stay safe



**Avoid rocks and weedy areas**

**Wear life jackets in boats**

**Don't drink & drive — cars or boats**

**Obey danger signs**

**Swim with a buddy**

**Check for lifeguard on duty**

**Use life jackets, NOT pool toys**

**Know the warning signs of drowning — and what to do**

**Watch kids & weak swimmers even around small amounts of water**

**Swim in approved areas**



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