

# STROKE WARNING SIGNS: *THINK F.A.S.T!*

How to know if someone is having a stroke



**F**



## FACE DROOPING

Ask them to smile. Is it lopsided? Is their face numb?

**A**



## ARM WEAKNESS

Can they raise both arms? Does one arm hang down?

**S**



## SPEECH PROBLEMS

Can you understand what they say?

**T**



## TIME TO CALL 911

Don't wait. Call 911 right away.

## MORE STROKE SYMPTOMS

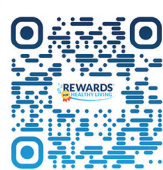
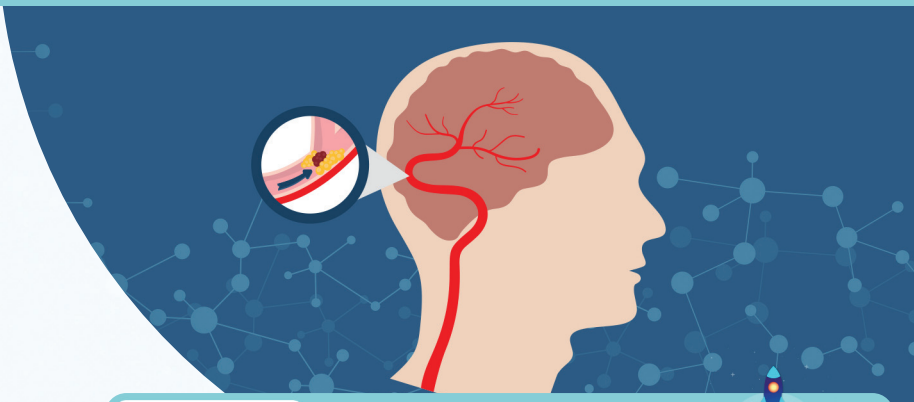
Call 911 if any of these problems come on suddenly:

Confusion

Numbness

Bad headache

Trouble seeing or walking



REGISTER TODAY!

Still need to sign up?  
Go to [rewardsforhealthyliving.com](https://rewardsforhealthyliving.com) and follow the instructions.

Already registered? Log in now: [rewardsforhealthyliving.com](https://rewardsforhealthyliving.com)