

5 FAST FACTS ABOUT PROSTATE CANCER



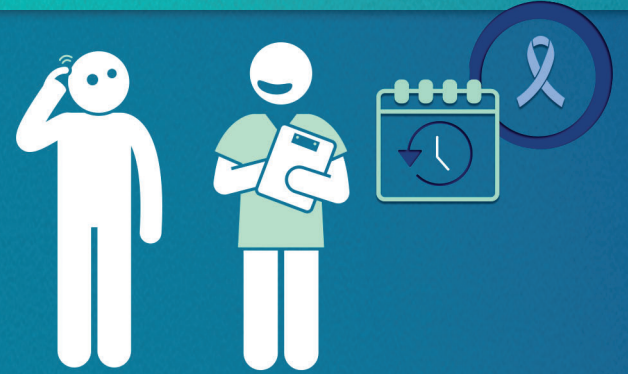
FACT ✓



Prostate cancer is one of the most common cancers in men.

It's the second most common cancer in men, after non-melanoma skin cancer. **1 in 8 men will be diagnosed with prostate cancer** at some point in their lives.

FACT ✓



Prostate cancer grows so slowly that most people who have it don't need treatment.

Prostate cancer **grows very slowly** most of the time. Most people who have it don't have serious symptoms, and only 1 out of 41 people with prostate cancer die from it.

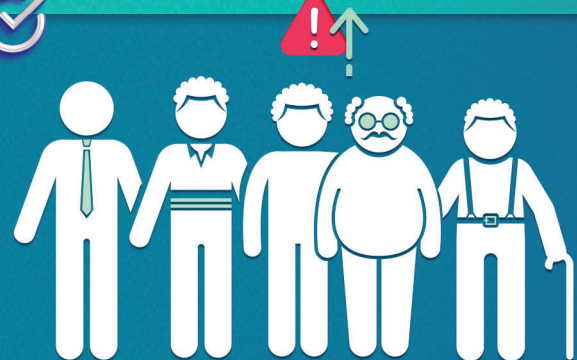
FACT ✓



Getting older raises your risk of prostate cancer the most.

- Prostate cancer rarely happens in people under 40.
- The risk rises quickly after age 50, and most cases happen after age 65.
- The **most common age** at diagnosis: 66.

FACT ✓



Your race and family history raise your risk of prostate

Black people have a **higher risk** than others, and are more than twice as likely to die from it. Having a **family history** of prostate cancer doubles your risk, regardless of your race. But **anyone** with a prostate can get it.

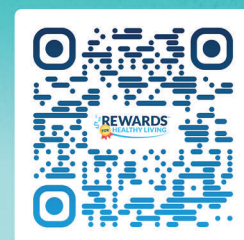
FACT ✓



Screening for prostate cancer can cause more harm than good if you don't have many risk factors.

Many prostate cancers are small and slow growing. Test results that show false-positives or false-negatives can cause confusion, anxiety, overdiagnosis, and overtreatment. **Ask your doctor if you should get screened regularly.** You may need to if you're over 50, African-American, or if prostate cancer runs in your family.

Register today to learn more about prostate cancer.



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Go to rewardsforhealthyliving.com and follow the instructions.