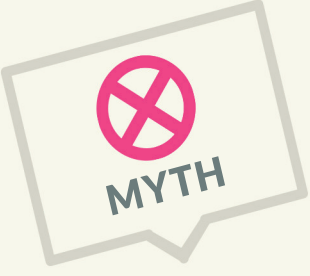


5 Common Myths About EATING DISORDERS



MYTHS

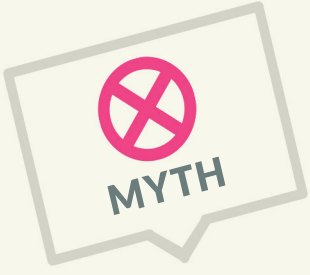
FACTS



ONLY WOMEN
GET EATING DISORDERS

1

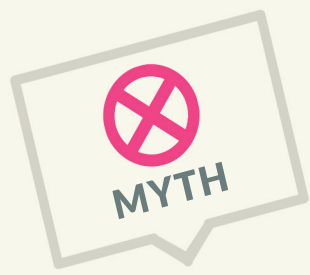
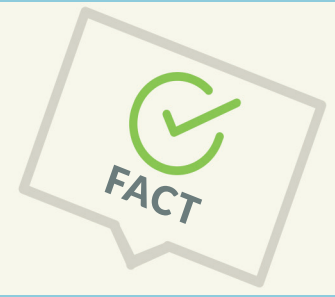
- 1 IN 3 -
PEOPLE WITH EATING DISORDERS ARE MEN



PEOPLE WITH EATING DISORDERS NEED TO **SNAP** OUT OF IT

2

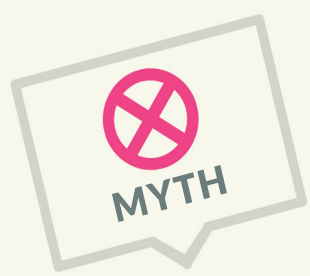
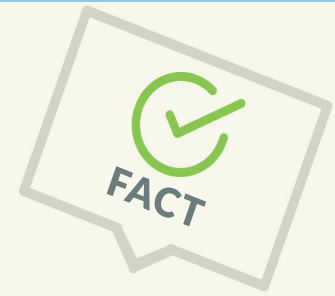
» IT'S A **DISEASE**
YOU CAN'T JUST SNAP OUT OF IT BUT **TREATMENT** WORKS



EATING DISORDERS AREN'T ALL THAT **SERIOUS**

3

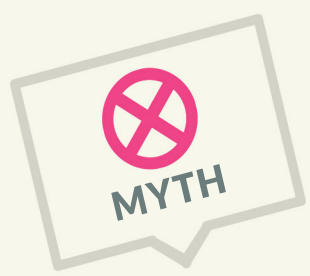
MORE PEOPLE DIE FROM EATING DISORDERS THAN ANY OTHER KIND OF **MENTAL ILLNESS**



PEOPLE WITH EATING DISORDERS WILL GET BETTER WHEN THEY'RE **GOOD** AND **READY**

4

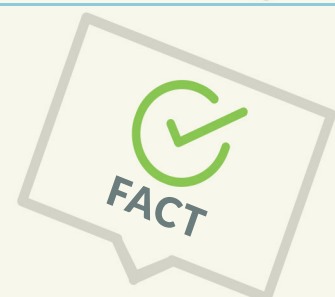
THEY MIGHT NOT **REALIZE** OR WANT TO ADMIT THEY HAVE A **PROBLEM** UNTIL IT'S TOO LATE



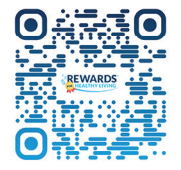
THERE'S **NOTHING WRONG** WITH FOLLOWING **FAD DIETS** OR **STRICT RULES** ABOUT EATING

5

CONSTANT, COMPULSIVE **DIETING** IS OFTEN AN EARLY SIGN OF AN **EATING DISORDER**



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